

## AGM AND INFORMATION DAY SATURDAY 27th April 2019

Medical Education Centre – Level 6 St Mark's Hospital, Northwick Park, Watford Road, Harrow, Middx HA1 3UJ

TIME	PRESENTATION
10:00-10:30	Registration with tea/coffee and biscuits
10:30-10:50	Welcome and AGM
10:50-11:00	Personal reflections on the Red Lion group 25 years on Dr. Martin Peters, Pouchee and first Chairman of the RLG
11:00-11:10	My parallel journeys – pouch and RLG
	Tim Rogers, Founder RLG member, first editor of ROAR!
	And still on the committee after all these years!
11:10-11:50	Modern developments in Pouch Surgery
	Professor Omar Faiz, Consultant Colorectal Surgeon and Clinical Director at St. Mark's Hospital
11:50-12:20	Pelvic floor perfection and the importance of proper emptying
	Ellie Bradshaw, Lead Nurse, Biofeedback Dept, St. Mark's Hospital
12:20-13:30	Lunch – a selection of sandwiches and cakes
13:30-14:00	Pharmacy Advice for Pouchees
	Uchu Meade, St Mark's Pharmacy Manager, Lead Clinical Pharmacist
14:00-14:30	Diet and your pouch
	Gabriela Poufou, Dietician, St. Mark's Hospital
14:30-14:45	Tea and coffee break
14:45-15:55	Personal pouch journeys and workshops
	1) Female pouch issues Theresa Parr
	2) Male pouch issues Gary Bronziet
	3) Pouch family and friends (TBC)
15:55-16:00	Evaluation and close

Please contact Susan Burrows – Membership Secretary <a href="info@pouchsupport.org">info@pouchsupport.org</a> or 01727 869709 for application form or visit the Red Lion Group website <a href="www.pouchsupport.org">www.pouchsupport.org</a>